

Twelve conversations before marriage

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THIS COPY BELONGS TO _____

DATE STARTED _____

DATE DISCUSSED _____

01 What does marriage mean to each of us?

Discuss commitment, loyalty, partnership and expectations from family or culture.

MY VIEW

WHAT I HEARD

TO REVISIT

02 What happens when we disagree?

Discuss anger, withdrawal, taking space, returning to talk, apology and repair.

MY VIEW

WHAT I HEARD

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03 How will we handle money?

Discuss income, debt, savings, shared money, large spending and family support.

MY VIEW

WHAT I HEARD

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04 How will two careers and limited time be weighed?

Discuss relocation, travel, long hours, career breaks and protected time.

MY VIEW

WHAT I HEARD

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05 Who will carry the home and its mental load?

Discuss routine tasks, planning, standards, paid help and how care work is valued.

MY VIEW

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06 What boundaries will we set with our families?

Discuss living arrangements, visits, caregiving, emergencies and privacy.

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07 Which beliefs, traditions and rituals matter?

Discuss faith, food, ceremonies, festivals, language and future children.

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08 What do privacy and transparency mean to us?

Discuss phones, passwords, messages, location, social media and surveillance.

MY VIEW

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09 How will we talk about intimacy and consent?

Discuss desire, affection, saying no, contraception and medical advice.

MY VIEW

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10 What do we each imagine about children?

Discuss uncertainty, fertility, pregnancy, caregiving, discipline and education.

MY VIEW

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11 What health information and support should be shared?

Discuss health, treatment, disability, substance use and personal control.

MY VIEW

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12 How will we know when to ask for help?

Discuss signs of being stuck and when to seek medical, psychological, legal, financial or other guidance.

MY VIEW

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